

# Don't Be Mean Behind Your Screen'

Online Cyberbullying/Internet Safety Workshop

Hosted By:

**Mary Mother of Hope Schools**

Littlepace, Dublin 15

**All Parents in the junior and senior schools are invited to attend this workshop to discuss:**



- **Development, Mental Health & Wellbeing**
  - **Gaming**
    - **Social Media**
  - **Cyberbullying**
- **How to deal with Cyberbullying**
  - **Coco's Law**
- **Tips, Skills & Coping Mechanisms**
  - **Digital Footprint**



**Monday 16<sup>th</sup> September 2024**

**at 7.00pm**

***MMoH Senior School Hall***

**Guest speaker: Paula O'Connor**

Lead Educator in Protection of Children in the Online World  
Psychotherapist (BSc Hons) specialising in adolescence